

Keynote Speaker

**Lisa
O'Connor, MD**



"The Many Faces of Transition"

Dr. Lisa O'Connor is a board-certified family practice physician and a certified cognitive behavioral therapist. She is one of the foremost experts in the field of gender variant counseling and medical care. When Dr. O'Connor transitioned in 2005, she found a significant lack of medical and psychological support available. She has not only worked towards giving that needed support through the opening of her own practice but also through consistent education everywhere from middle schools to medical schools. She regularly speaks with health care providers and government agencies to further efforts towards education and acceptance. Dr. O'Connor opened her own clinic "Healthy Transitions" in March of 2006.

Scent-Free Policy: So that everyone can safely participate, including those with allergies and Multiple Chemical Sensitivities, please refrain from wearing perfume, cologne, or other scented products. Read more on our website. Thank you for your cooperation.

This event is wheelchair accessible. Please register by April 30 to request an ASL interpreter.

Register online by May 11
www.mntranshealth.org

Continuing Education Credits

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Minnesota Medical Association and the Minnesota Transgender Health Coalition. The Minnesota Medical Association (MMA) is accredited by the ACCME to provide continuing medical education for physicians.

The MMA designates this educational activity for a maximum of *7.0 AMA PRA Category 1 Credits™*. Physicians should only claim credits commensurate with the extent of their participation in the activity.

Physician assistants, nurse practitioners, nurses, psychotherapists, psychologists, social workers, and other professionals who participate in this continuing education activity may submit a Statement of Attendance to the appropriate accrediting organization or state board for consideration of credit. The participant is responsible for determining whether this activity meets the requirements for acceptable continuing education.

Provider Day costs include light breakfast and lunch:

\$175 for physicians (MD or DO) with CME credit
(\$200 on-site registration)

\$100 for other providers
(\$125 on-site registration)

\$25 for non-providers and students
(\$35 on-site registration)

Register online by May 11
www.mntranshealth.org

Minnesota Transgender Health Coalition

3405 Chicago Ave S Suite 3
Minneapolis MN 55407
612-823-1152

mntranshealthconference@gmail.com

*The Minnesota Transgender
Health Coalition, in conjunction
with the Minnesota Medical
Association presents:*

Minnesota Trans Health and Wellness Conference Provider Day

An educational program on
transgender health for
primary care and mental health
providers and students



"Identifying Crossroads, Connecting Communities"

May 14 – 15, 2010

Friday

Provider Day 7:30 am – 4:45 pm
Cabaret 7:30 – 9:30 pm

Saturday

Community Day 8:00 am – 6:00 pm

Metropolitan State University

700 East Seventh Street
Saint Paul, Minnesota 55106

Register online by May 11
www.mntranshealth.org

Faculty

Myrl Beam Doctoral Candidate, Department of American Studies, University of Minnesota

Dianne Berg, MD, LP Psychologist, Program in Human Sexuality (PHS), University of Minnesota

Cinto Birkhofer Shot Clinic, Minnesota Transgender Health Coalition

Walter Bockting, PhD, LP Coordinator, Transgender Health Services, PHS, University of Minnesota

Katie Burgess Interim Program Director, Minnesota Transgender Health Coalition

Janet Bystrom, MA, MSW, LICSW Director, RECLAIM Trans and LGB Youth Support Services

Ian Christensen, LPN Board member, Minnesota Transgender Health Coalition

Ryan Li Dahlstrom Director, Trans Youth Support Network

Iore m. dickey, MA Doctoral Candidate in Counseling Psychology, University of North Dakota

Christine Durler, RN, WHNP OB/GYN Nurse Practitioner, Park Nicollet Clinic - Minneapolis

Jamie Feldman, MD, PhD Family Practice Physician, Transgender Health Services, University of Minnesota

MJ Gilbert, MSW Field Coordinator, School of Social Work, University of Minnesota

Cesar Gonzalez, PhD Postdoctoral Fellow, PHS, University of Minnesota

Saren Lightsong Minnesota Transgender Health Coalition

Lane McKiernan Minnesota Transgender Health Coalition

Toby Meltzer, MD Surgeon, Toby Meltzer Plastic & Reconstructive Surgery, Scottsdale, Arizona

Lisa O'Connor, MD Family Practice Physician & Behavioral Cognitive Therapist, Stirling, New Jersey

Lynn K. Patricia, NCTMB, ABT Massage and Shiatsu Therapist, Personal Trainer, Massage Geek

Laura Pattison, MD Family Practice Physician, Fairview Hiawatha Clinic

Ilon Preston Minnesota Transgender Health Coalition

Faculty (continued)

Rhys Preston, DC Chiropractor, Preston Chiropractic

Barbara Satin Founder, GLBT Generations

Loren S. Schechter, MD, FACS Surgeon, Chicago Gender Center, Chicago, Illinois

Xavier Schmitz, MSW, LICSW Psychotherapist, Northland Therapy Center

Katherine Spencer, PhD Postdoctoral Fellow, PHS, University of Minnesota

Jeffrey H. Spiegel, MD Chief of Facial Plastic and Reconstructive Surgery, Boston University

Enzi Tanner Minnesota Transgender Health Coalition

Richard H. Tholen, MD, FACS Surgeon, Minneapolis Plastic Surgery

Hale Thompson, MA Research Assistant, PHS, University of Minnesota

Rob Yaeger Minnesota Transgender Health Coalition

Program Director

Joshua Breeding, PharmD, BCPS Board Co-Chair, Minnesota Transgender Health Coalition

Purpose of Program

This program will expand the clinical knowledge and comfort level of health professionals to provide quality care to transgender and gender non-conforming people of all ages.

Target Audience

This program is ideal for any physician or surgeon who sees transgender patients, as well as for nurse practitioners, nurses, physician assistants, psychologists, social workers, psychotherapists, and other health providers and students.

Provider Day—Friday May 14, 2010

7:30-8am Registration and welcome

8-9:30am Large Group Session One

The Clinic Visit: A Transgender Perspective
Janet Bystrom, LICSW and Josh Breeding, PharmD
Panelists: *Barbara Satin, Enzi Tanner, Ilon Preston, and Katie Burgess*

9:45-10:45am Breakout Session One

1- Transgender Primary Care and Wellness
Laura Pattison, MD and Christine Durler, RN, WHNP

2- Harm Reduction and the Transgender Community
Ian Christensen, LPN and Cinto Birkhofer

3- Developmental Processes of Partners of Trans Clients
Katherine Spencer, PhD and Cesar Gonzalez, PhD
Panelists: *Rob Yaeger and Saren Lightsong*

4- Going Beyond a Single Diagnosis: Working with Trans Folks as Whole People
MJ Gilbert, MSW and Lane McKiernan

11am-12pm Keynote: Lisa O'Connor, MD
The Many Faces of Transition

12-12:45pm Lunch (box lunch provided)

12:45-2:15pm Large Group Session Two

Surgical Procedures in the Transgender Patient
Surgeons: Toby Meltzer, MD, Jeffrey H. Spiegel, MD, Richard H. Tholen, MD, and Loren S. Schechter, MD

2:30-3:30pm Breakout Session Two

1- Hormone Therapy for Transgender Patients
Jamie Feldman, MD, PhD

2- Self-Injury in the Trans Community
Iore m. dickey, MA

3- Roundtable Dialogue on the Current State of Services for Transgender Youth
Katherine Spencer, PhD, Dianne Berg, PhD, LP, Ryan Li Dahlstrom, and Janet Bystrom, LICSW

3:45-4:45pm Breakout Session Three

1- Hormonal Interventions and the Older Adolescent
Jamie Feldman, MD, PhD

2- Integrative Health Care for Trans People
Rhys Preston, DC and Lynn K. Patricia, NCTMB, ABT

3- From Gatekeeping to Informed Consent: Creating a New Paradigm in Trans Health Care
Xavier Schmitz, MSW, LICSW, Ryan Li Dahlstrom, and Myrl Beam

4- All Gender Health: An Effective Sexual Health and Wellness Intervention for Transgender Communities
Hale Thompson, MA and Walter Bockting, PhD