

Keynote Speakers

MJ Gilbert, MSW, 11:00 am – 12:00 pm

Following transgender patients and clients: A journey for providers

Earline Budd, 4:00 – 5:00 pm

Move over and share the bench: Transgender health empowerment, HIV/AIDS and advocacy



**MJ
Gilbert,
MSW**



**Earline
Budd**

MJ Gilbert, MSW

MJ Gilbert is a field coordinator and teaching specialist for the School of Social Work in the College of Education and Human Development and a co-chair of the Transgender Commission at the University of Minnesota. She worked for 15 years as a clinical social worker and supervisor for Hennepin County. She has done extensive teaching on transgender issues and recently wrote an entry on transgender people for the 20th edition of the Encyclopedia of Social Work published by NASW and the Oxford Press.

Earline Budd

Earline Budd is one of the founding members and former Executive Director of Transgender Health Empowerment, Inc., serving transgender people in the Washington, D.C. area. Earline's advocacy extends back to 1989 when she was first certified as a HIV/AIDS Peer Educator through the Inner City AIDS Network. Earline joined the group Transgenders against Discrimination and Defamation in the District in 1994. Presently, Earline is the Special Projects Coordinator for Transgender Health Empowerment.

Continuing Education Credits

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the Minnesota Medical Association and Minnesota Transgender Health Coalition. The Minnesota Medical Association (MMA) is accredited by the ACCME to provide continuing medical education for physicians.

The MMA designates this educational activity for a maximum of *7.0 AMA PRA Category 1 Credits™*. Physicians should only claim credits commensurate with the extent of their participation in the activity.

Physician assistants, nurse practitioners, nurses, therapists, and other professionals who participate in this continuing education activity may submit their Statements of Attendance to their appropriate accrediting organizations or state boards for consideration of credit. The participant is responsible for determining whether this activity meets the requirements for acceptable continuing education.

Minnesota Trans Health and Wellness Conference

Provider Day

An educational program on
transgender health for medical
and mental health providers
and students

May 15 – 16, 2009

Friday

Provider Day 7:30 am – 5:00 pm

Saturday

Community Day 8:00 am – 6:00 pm
Evening Cabaret 7:30 – 9:30 pm

Metropolitan State University

700 East Seventh Street
Saint Paul, Minnesota 55107

Presented by

Minnesota Transgender Health Coalition

PO Box 582315

Minneapolis MN 55458

612-823-1152

www.mntranshealth.org

About the Conference

Provider Day programming is designed primarily for health care providers and students. Community Day is primarily for trans and gender nonconforming individuals and community, including partners, family, friends and allies.

Thank you to our venue co-sponsors:

Lavender Bridge GLBT Student Organization and GLBT Student Services of Metropolitan State University.

This event is wheelchair accessible. So that everyone can safely participate, including those with allergies and Multiple Chemical Sensitivities, please refrain from wearing perfume, cologne, or other scented products.

Register online at www.mntranshealth.org

Faculty

Walter Bockting, PhD, LP Director, Transgender Health Services, Program in Human Sexuality, University of Minnesota

Julian Bowers, RN Perioperative Nurse, Level one trauma center

Earline Budd Special Projects Coordinator, Transgender Health Empowerment, Washington D.C.

Katie Burgess Advisory Board Member, Trans Youth Support Network

Sue Burks Coordinator, Being and Loving Me Project

Janet Bystrom, MA, MSW, LICSW Director, RECLAIM Trans and LGB Youth Support Services

Saber DeMare Member, Minnesota Transgender Health Coalition

Jamie Feldman, MD, PhD Family Physician, Transgender Health Services, University of Minnesota

Andrea Jenkins Program Coordinator, All Gender Health, University of Minnesota

MJ Gilbert, MSW Field Coordinator, School of Social Work, University of Minnesota

Cesar Gonzalez, PhD Postdoctoral Fellow, Program in Human Sexuality, University of Minnesota

Zealot Hamm Member, Minnesota Transgender Health Coalition

Katie Harrold, LMFT Marriage and Family Therapist, Changing Pathways Therapy

Alex Iantaffi, PhD Postdoctoral Research Fellow, Program in Human Sexuality, University of Minnesota

Eric Meininger, MD, MPH Internal Medicine Physician, Pediatrics, Community University Health Care Center

Madeleine Miles Member, Minnesota Transgender Health Coalition

Ilon Preston Member, Minnesota Transgender Health Coalition

Rhys Preston, DC Chiropractor, Preston Chiropractic

Ali Sands Member, Minnesota Transgender Health Coalition

Loren S. Schechter, MD, FACS Surgeon, Chicago Gender Center, Chicago, Illinois

Provider Day—Friday May 15, 2009

7:30-8am Registration and welcome

8-9:15am Morning large group session

Transgender health: An overview
Julian Bowers, RN & Janet Bystrom, MA, MSW, LICSW

9:30-10:45am Morning breakout sessions

1 - Hormone therapy for transgender patients: Initiation and maintenance

Jamie Feldman, MD, PhD

2 - Panel discussion: The inclusion of partners and parents in the transgender health experience

Katie Harrold, LMFT, Moderator; Madeleine Miles, Ali Sands, Michael Wright, Sue Burks, Panelists

3 - OB/GYN care for transgender patients:

Surgical and non-surgical
Deborah Thorp, MD

4 - Facilitating the self through group therapy:

A trans-affirmative model
Katherine Spencer, PhD & Cesar Gonzalez, PhD

5 - Increasing familiarity and comfort in providing primary care to transgender patients

Samuel Willis, MD

6 - Gender confirmation surgery: A multi-disciplinary approach

Loren Schechter, MD

11am-12pm KEYNOTE: MJ Gilbert, MSW

Following transgender patients and clients: A journey for providers

12-1pm Lunch

1-2:15pm Afternoon large group session

Panel discussion: Self-navigation through transgender and genderqueer health
Andrea Jenkins, Moderator; Ilon Preston, Enzi Tanner, Zealot Hamm, Katie Burgess, Saber DeMare, panelists

2:30-3:45pm Afternoon breakout sessions

1 - The importance of chiropractic care and nutrition for transgender patients
Rhys Preston, DC

2 - The primary care provider in transgender health: An informed consent approach to medical transitioning for young adults
Eric Meininger, MD, MPH

3 - From sex change to coming out: Transforming the paradigm of transgender health
Walter Bockting, PhD, LP

4 - Nongenital surgery for the transgender patient
Richard Tholen, MD

5 - Transgender research projects: Current health concerns?
Alex Iantaffi, PhD & Marieke Van Eijk, MA

4-5pm KEYNOTE: Earline Budd

Move over and share the bench: Transgender health empowerment, HIV/AIDS and advocacy

Purpose of Program

This program will expand the clinical knowledge and comfort level of health professionals to provide quality care to transgender and gender nonconforming people of all ages.

Target Audience

This program is ideal for any physician or surgeon who sees transgender patients, as well as for nurse practitioners, registered nurses, physician assistants, psychologists, social workers, therapists, and other health providers and students.

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Katherine Spencer, PhD Postdoctoral Fellow, Program in Human Sexuality, University of Minnesota

Enzi Tanner Member, Minnesota Transgender Health Coalition

Richard H. Tholen, MD, FACS Surgeon, Minneapolis Plastic Surgery

Deborah Thorp, MD OB/GYN Physician, Park Nicollet Clinic—Minneapolis

Marieke Van Eijk, MA Research Fellow, Program in Human Sexuality, University of Minnesota

Samuel Willis, MD Family Physician, Private Practice

Michael Wright Member, Minnesota Transgender Health Coalition

Program Director

Joshua Breeding PharmD, BCPS Board Co-Chair, Minnesota Transgender Health Coalition